



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FRONT POOL

OCTOBER 09–NOVEMBER 17, 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30–6:15am Masters Swim	5:30–6:15am Open/Lap	5:30–8:00am Open/Lap	5:30–6:15am Master Swim	5:30–8:00am Open/Lap	7:00–11:00am Open/Lap	10:00–12:00pm Open/Lap
6:15–8:00am Open/Lap	6:15–7:15am Aqua Jog	8:00–9:00am Aqua Fit	6:15–7:15am Aqua Jog	8:00–9:00am Aqua Fit	11:00am–4:45pm Open Swim	12:00–4:45pm Open Swim
8:00–9:00am Aqua Fit	7:45–8:45am Senior Splash	9:00–10:00am Boot Camp H2O	7:45–8:45am Senior Splash	9:00–10:00am Boot Camp H2O		
9:00–10:00am Boot Camp H2O	8:45–3:30pm Open/Lap	10:00–11:00am Aqua Fit	8:45–3:30pm Open/Lap	10:00–11:00am Aqua Fit		
10:00–11:00am Aqua Fit	3:30–6:30pm Y Swim Team	11:00–1:00pm Open/Lap	3:30–6:30pm Y Swim Team	11:00–1:00pm Open/Lap		
11:00am–1:00pm Open/Lap	6:30–8:45pm Open/Lap	1:00–2:00pm Senior Splash	6:45–8:10pm Swim Lessons	1:00–2:00pm Senior Splash		
1:00–2:00pm Senior Splash		2:00–5:00pm Open/Lap		2:00–5:00pm Open/Lap		
2:00–3:30pm Open/Lap		5:00–6:30pm LHS Swim Team		5:00–6:30pm LHS Swim Team		
3:30–5:00pm Y Swim Team		6:45–7:25pm Swim Lessons		6:30–8:45pm Family Open Swim		
5:00–6:30pm Open/Lap		7:25–8:45pm Open/Lap				
6:30–8:10pm Swim Lessons						
8:10–8:45pm Open/Lap						

BACK POOL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:15pm–6:40pm Swim Lessons	CLOSED	5:15–7:25pm Swim Lessons	5:15–6:40pm Swim Lessons	9:30–11:30am Preschool Lessons	12:30–4:45pm Open Swim	CLOSED
6:40–8:00pm Open Swim		7:25–8:00pm Open Swim	6:40–8:00pm Open Swim	5:15–8:00pm Family Open Swim		